

Appendix 3. SARI Stigma Scale

SARI Stigma Scale v.1.1 (based on the Berger HIV stigma scale)		No	Yes	Don't know	Not Relevant	Always/Often	Sometimes	Rarely/once	Score
Experienced stigma									
1a	Do some people who know you have (had) leprosy keep more distance from you?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
2a	Do people you care about stop contacting you after learning you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
3a	Did you lose friends by telling them you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
4a	Do people avoid touching you once they know you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
5a	Have people physically backed away from you when they learn you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
6a	Do people seem afraid of you once they learn you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
7a	Do you feel set apart and isolated from the community since learning you have (had) leprosy?	0		0	0				
b	(If yes) How often has this happened?					3	2	1	
		Subtotal							
Disclosure concerns									
8a	Are you careful who you tell that you have (had) leprosy?	0		0	0				
b	(If yes) How often are you careful?					3	2	1	
9a	Do you feel the need to hide your leprosy	0		0	0				
b	(If yes) How often do you feel the need to hide your status?					3	2	1	
10a	Do you believe telling someone you have (had) leprosy is risky?	0		0	0				
b	(If yes) How often do you believe it is risky?					3	2	1	
11a	Do you worry that people may judge you when they hear you have (had) leprosy?	0		0	0				
b	(If yes) How often do you worry about this?					3	2	1	
		Subtotal							

SARI Stigma Scale v.1.1 (based on the Berger HIV stigma scale)		No	Yes	Don't know	Not Relevant	Always/Often	Sometimes	Rarely/once	Score	
Internalised stigma										
12a	Do you feel guilty because you have (had) leprosy?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
13a	Do you feel you are not as good a person as others because you have (had) leprosy?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
14a	Are you embarrassed that you have (had) leprosy?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
15a	Does having (had) leprosy make you feel unclean?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
16a	Do you regret having told some people that you have (had) leprosy?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
17a	Does having (had) leprosy make you feel that you are a bad person?	0		0	0					
b	(If yes) How often has this happened?					3	2	1		
		Subtotal								
Anticipated stigma										
18a	Do people affected by leprosy lose their jobs when their employers find out?	0		0	0					
b	(If yes) How often does this happen?					3	2	1		
19a	Are people affected by leprosy treated like a public nuisance?	0		0	0					
b	(If yes) How often does this happen?					3	2	1		
20a	Do most people think that a person affected by leprosy is disgusting?	0		0	0					
b	(If yes) How often does this happen?					3	2	1		
21a	Do most people feel uncomfortable around someone affected by leprosy?	0		0	0					
b	(If yes) How often does this happen?					3	2	1		
		Subtotal								
		Total score								